



## From my veins to yours

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In an effort to elude the Rishikesh monsoon,  
warily I entered the Blood Bank one afternoon;  
picked up a form and filled in my details;  
handed it in - waited nervously, biting my nails.

After a thorough physical examination, to the chair I was led;  
my legs were elevated, seemingly higher than my head.  
They tightened the cuff and drew blood from my vein,  
while I pumped a stress ball, hardly feeling any pain.

Now, what I didn't know and what I failed to realize,  
was that the blood I gave could save three lives;  
what I donated just to evade the incessant rains,  
would soon be running in three other people's veins.

Regardless of our skin color - dusky or fair;  
regardless of our blood type - common or rare;  
blood connects us all - go ahead and donate,  
so that nobody who needs blood has to endlessly wait.

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